

Community Tree

JUNE 2019

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I'm pleased to announce that residents, visitors and staff at Oakwood have an exciting new addition to look for next to Ozzie in the lounge – the Oakwood Corner Store!

From snacks and desserts like soda, chips and cake to delicious lunch options such as Mac and Cheese, the Oakwood Corner Store sells a variety of items at affordable prices. Operated entirely by resident volunteers, this is the perfect spot to meet friends and family or socialize with staff, bringing together our Oakwood community in a wonderful new way.

We want to offer a great selection, so please give staff feedback on which snack and meal options you'd like to see more of, and we'll do our best to include your ideas based on availability and pricing. All profits from the store are split between the Resident and Employee Funds to help benefit our thriving community.

Please join me in welcoming the Oakwood Corner Store and staff by stopping by to say hello and grabbing a tasty treat. The store is open daily from 10 AM to 12 PM and again from 2 PM to 4 PM. I look forward to seeing you there!



SAM SMITH, NHA, ADMINISTRATOR

Oakwood Corner Store Now Open For Business!



Long Term Resident and Store Volunteer Beatrice Orenberg (R) pictured with Long Term Resident and Store Volunteer Gladys Brown at the recent Grand Opening of our Corner Store.

SPOTLIGHT SUCCESS STORY: Annette Jones

Before arriving at Oakwood, Annette Jones underwent multiple spinal procedures, and suffered from knee and other orthopedic issues which severely limited her mobility. The everyday task that most of us take for granted, the ability to stand on our own, was a hopeful notion for her as she was wheelchair-bound and unable to stand up at all.

Despite these challenges, Annette was consistently the first person to show up for her therapy five times a week, always with a positive attitude and willingness to persevere. Physical therapy can be challenging at times, but Annette remained determined and focused on her progress. She worked tirelessly with our restorative nursing team and used the mechanical standing frame to practice standing and staying upright for as long as she could manage.

Over the course of the next six months, she gained the strength and ability to stand without the frame. Incredibly, just this past week, Annette took her first steps with a walker and some assistance. What an amazing accomplishment! Everyone is looking forward to the day when she can walk on her own again and Annette is ecstatic about the possibilities.

Our community is so proud of Annette's achievements, but no one is prouder than Annette, who understands that individual progress takes patience and that every rehab patient recovers at a different pace. Her sweet and optimistic nature is a true inspiration. Way to go, Annette!

Her encouraging advice to others:
"Never ever stop trying no matter how long it takes!"



(L to R) Director of Physical Therapy Hillary Martinez, Long Term Resident Annette Jones and Physical Therapist Olga Golant

The Power of Planting



Long Term Resident Margaret Stasirowski planting flowers

This year marks the first time that Oakwood residents have grown vegetable and herbs, an exciting offering for those green thumbs in our community who love the tranquility and sense of community that gardening brings.

Raised planting beds allow our residents easier access to plant everything from tomatoes and peppers, to basil and oregano, to beautiful flowers. Even those who may not enjoy getting their hands dirty can help with watering the garden daily, if they choose.

The benefits of having a beautiful vegetable garden for residents are proven in the smiles we see on their faces every day and we look forward to seeing more of the fruits of their labor as the season progresses.

NATIONAL NURSING HOME WEEK

A Cross Country Celebration

In celebration of National Nursing Home Week, Oakwood got into the spirit by decorating our community in the theme of different cities, complete with special activities and meals:

Monday: Las Vegas



Residents and staff got their poker faces ready as activities included casino poker, roulette, and Black Jack tables. Residents enjoyed hoagies and drinks, served in true Las Vegas style.

Tuesday: Nashville



Yee haw! Samantha from Social Services dressed in a flannel shirt, cowboy jeans and boots, played country music and invited residents to participate in line dancing. Pork sliders, baked beans, coleslaw, and green bean salad were among the southern-style treats we enjoyed.

Wednesday: Motown



What's Motown without Motown music?! Each Oakwood department performed a different act. (Congratulations to the winning Admissions Team, who performed Jackson 5!) Morning specialities included fruit salad and assorted muffins, while mini burgers, tater tots and hot wings were served in the afternoon.

Thursday: Hollywood



Move over Marilyn! Our ladies were treated to lavish mimosas and makeovers in the morning before everyone gathered for a movie in the afternoon while munching on popcorn chicken and chicken fingers.

Friday: Harlem Night



Get your speakeasy shuffle on! Residents enjoyed dancing the Cha Cha, cupid shuffle, and slide while snacking on BBQ staples such as grilled hot dogs, chicken breast, potato salad and yogurt parfaits.

Staff and residents had a wonderful time celebrating Nursing Home Week. What festivities would you like to see next year? Let us know and we'll do our best to make it happen!

EMPLOYEE OF THE MONTH



Shikha Sharma, RN

We love to give thanks to our hardworking, dedicated staff who make Oakwood such a fantastic, warm community! Our Employee of the Month is Shikha Sharma, a beloved RN in our Short-Term Rehabilitation Unit.

Shikha consistently goes above and beyond to care for her patients, with dedication and loyalty that residents and their families have come to know and trust.

Thank you for your impeccable work and positive influence, Shikha!

JULY HIGHLIGHTS

JULY 3: 4th of July BBQ

JULY 4: Independence Day Social
What's Cooking / Strawberry Shortcake

JULY 11: Entertainment with
Rick Baccare

JULY 12: What's Cooking /
Cheesesteak Sandwiches

JULY 18: Christmas in July Celebration

JULY 19: What's Cooking /
Ice Cream Floats

JULY 24: Balloon Volleyball

JULY 25: Dollar Store

JULY 26: What's Cooking /
Sausage & Homemade Pancake